President's Message

Greetings to my Caribbean family and in particular our CARAIFA members. My last communication was during Christmas celebrations. We are three months into a new year and just about a month and half from our 2024 Congress in Dominica.



Hugh Meredith LUTCF

Firstly, let me applaud everyone for navigating yourselves through life's journey and is still present to continue

enjoying the many opportunities life continues to offer us. One of these opportunities awaits us in Dominica when we will congregate to celebrate, learn and give of ourselves to each other by way of sharing our gifts from life in so many different ways. Already, there are many challenges around us that have the potential to distract us from our goals, however, we remain focused and steadfast in our quest to continue inspiring ourselves and the many people around us that depend on our existence.

The plans for Congress are far advanced; so as we put the finishing touches to a few items, we are confident all will come together for us to have a grand time in the Nature Island of Dominica. Mrs Cheryl Rolle and her team anxiously await us and I believe we will enjoy every moment of this journey. Great speakers and lots of fun are part of the many experiences we have on the Congress program.

Lastly, as we move into the next stage of our production mode, let us encourage those who may be discouraged by the challenges they face each day. Be also reminded that our continuous educational programs present many opportunities to learn so much more that will enhance our careers tremendously.

Finally, to those who are ailing, let us pray for their speedy recovery and to those who have transitioned, let us pray that they find peace with their maker.

Continue to live and enjoy each moment, see you in Dominica, great people of our nations.

Inside This Issue

President's Message	1
Editor's Note	2
Day of Common Concern	3
Congress 2024	4
Eye on The Caribbean	5
Education Corner	7

Editor's Note





'Happiness cannot be traveled to, owned, earned, worn or consumed. Happiness is the spiritual experience of living every minute with love, grace, and gratitude". –Denis Waitley. I wish for everyone who have the privilege of reading our Cari-News a Happy New Year.

On behalf of President Hugh Meredith, and our Executives we extend Congratulations to all members of the Field Force who have finished strong for 2023 and were successful in accomplishing their respective goals. Congratulations to all newly promoted Managers. Special welcome to all new members of CARAIFA.

Like, Winston Williams of TTAIFA, at one of CARAIFA's Connect meeting, we encourage all our members to also 'Start Strong and Finish Easy'. Below are five of his recommendations to all:

- 1. Write our goals down S.M.A.R.T
- 2. Break our goals into Milestones
- 3. Build Momentum
- 4. Find a Mentor or Accountability Partner
- 5. Engage the Self-Awareness Technique S.A.T

We encourage you to celebrate your accomplishments each step of the way during 2024. According to Steve Ferrante "Success is like a snowball...It takes momentum to build and the more you roll in the right direction the bigger it gets"

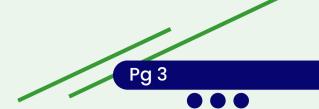
Over the years CARAIFA has had many successful Congresses and we encourage each member to register early for our 35th Annual Sales Congress which will be held during April 28th - May 2nd, 2024 at the InterContinental Dominica Cabrits Resort & Spa in Portsmouth, Dominica, under the theme "Your Protection, Our Mission". Be ready for Congress as the Caribbean field force Integrate, develop friendships through camaraderie and lots of enriching information to motivate us to continue to be true salesmen.

Further, CARAIFA Executives would like to encourage all interested individuals to participate in our Speakers' Forum Competition. This is an opportunity for Life Underwriters in the Caribbean who are aspiring to become public speakers to be exposed to a practical clinical experience. Below are some benefits to our member when you participate:

- A Trophy which will be kept for one year
- Invited as a Main Platform Speaker for the following congress year
- Double occupancy fee paid by CARAIFA
- Earn 2.5 CE Credits as a Participant in Congress Speakers' Forum (while Signed attendees at the Speaker's Forum get 1.5 CE Credits)

Congress 2024 here we come! See you in Dominica. Walk Good and Travel Safely!





Day of Common Concern

Deon Cummins LUTCF, FSCP CARAIFA Foundation Chair

Reminder: CARAIFA Foundation US \$20 Drive

Dear Members,

As we gear up for the upcoming congress in Dominica, I would like to send a gentle reminder regarding our commitment to supporting the CARAIFA Foundation, specifically aimed at aiding individuals grappling with kidney failure and in need of dialysis.

During the congress, we have the opportunity to make a meaningful impact by contributing two donations: one for a member of the public in Dominica and another for a member of our association who requires this crucial assistance. It is through acts of generosity like these that we can truly make a difference in the lives of those facing health challenges.

To ensure that those within our association who require assistance are considered for this support, I encourage all eligible members to submit their applications to the CARAIFA Secretariat before March 31st. Application forms are readily available on our Facebook page for easy access.

Let's seize this opportunity to demonstrate our solidarity and compassion by extending a helping hand to those in need within our community. Together, we can bring hope and relief to individuals battling kidney failure.

Thank you for your attention in this matter, and I look forward to your active participation in this worthy cause.

Address 72 Hope Road, Kingston 6, Jamaica

Phone 876-978-6030

Website <u>www.caraifa.com</u>

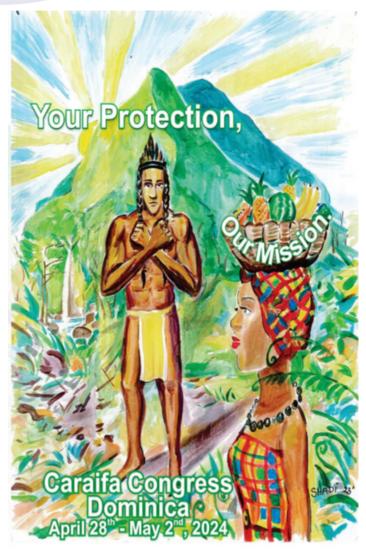






CONGRESS 2024

Congress 2024 Awaits You!



Get ready for the thrill of the year! CARAIFA's 35th Annual Sales Congress is coming with a bang! Join us from April 28th to May 2nd, 2024, at the luxurious InterContinental Dominica Cabrits Resort & Spa, Portsmouth. This year's theme, 'Your Protection, Our Mission,' promises an unforgettable experience. Early registration is NOW OPEN! Secure your spot and embark on a journey of knowledge, connection, and success. Don't miss out register NOW at this link and be part of this extraordinary event

EYE ON THE CARIBBEAN

Trinidad & Tobago

 TTAIFA South Chapter in collaboration with North and East Chapters hosted Christmas Jingle & Mingle, Cooler Edition on Friday 1st December. This included an evening of food, fun, and fellowship for members of the association to come together in celebration of the Christmas season.

CARAIFA's Executive Meeting November 2023 in Dominica



Congress Director Cheryl Rolle addressing CARAIFA Executives



President Hugh Meredith addressing Congress Committee members





EYE ON THE CARIBBEAN

CARAIFA's Executive Meeting November 2023 in Dominica Cont'd



Beautiful scenery behind Executives at Congress hotel in Dominica



DAIFA President Brenton Hilaire addressing CARAIFA Executives and Congress Committee.



CARAIFA Executives and Congress
Committee meeting with Acting Prime
Minister Hon. Roland Royer; Minister for
Agriculture, Fisheries, Blue and Green
Economy in Dominica







CARAIFA Executives and Consultant hosted by TTAIFA's President in Trinidad on their way back from Executive Meeting in Dominica





CARAIFA receives donations from Education Chair and Executives for CARAIFA Foundation

Address 72 Hope Road, Kingston 6, Jamaica

Phone 876-978-6030

Website www.caraifa.com



Email: secretariat@caraifa.com

EDUCATION CORNER

Meet our Education Management Committee, headed by William "Nat" Wiiltshire of Trinidad & Tobago, Lana Butcher of Barbados, Courtney Golding of Jamaica, and finally, Andrew Bates of Trinidad & Tobago. They have served faithfully from 2021-2024.



William "Nat" Wiltshire B.A., D.L.U. Education Council Chairman Trinidad & Tobago



Lana Butcher
Education Management
Committee Member
Barbados



Courtney Golding
Education Management
Committee Member
Jamaica



Andrew Bates
Education Management
Committee Member
Trinidad & Tobago

Address 72 Hope Road, Kingston 6, Jamaica

Phone 876-978-6030

Website www.caraifa.com





